## **Brief health screen**

We ask all our adult patients about substance use and mood because these factors can affect your health. Please ask your doctor if you have any questions. Your answers on this form will remain confidential.

Patient name:	
Date of birth:	_

Alcohol:	One drink =
AICUIIUI.	



12 oz. beer



5 oz. wine

<b>1</b>	1.5 oz.
Ĭ	liquor
	(one shot)

	None	1 or more
<b>MEN:</b> How many times in the past year have you had 5 or more drinks in a day?	0	0
<b>WOMEN</b> : How many times in the past year have you had 4 or more drinks in a day?	0	0

**Drugs:** Recreational drugs include methamphetamines (speed, crystal) cannabis (marijuana, pot), inhalants (paint thinner, aerosol, glue), tranquilizers (Valium), barbiturates, cocaine, ecstasy, hallucinogens (LSD, mushrooms), or narcotics (heroin).

	None	1 or more
How many times in the past year have you used a recreational drug or used a prescription medication for non-medical reasons?	0	0

Mood:	No	Yes
During the past two weeks, have you been bothered by little interest or pleasure in doing things?	0	0
During the past two weeks, have you been bothered by feeling down, depressed, or hopeless?	0	0